

Welcome students.

Program: Bachelor of Education / B.Sc. B.Ed. / B.A. B.Ed.

Subject: Education

Course code : for B.Ed it is EDU02 , for B.Sc. B.Ed. / B.A. B.Ed-it is BSBAEDU02

This particular course is there in the Semester 7.

Course title - learner and learning.

Unit #5 unit name learning through information processing.

Module name - forgetting and its causes.

Hello students myself

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Outline - students in this particular module - we are going to learn the definition of forgetting and causes of forgetting.

Learning outcomes- At the end of this particular module,

-the student will be able to explain the concept of forgetting,
and the student will be able to list the causes of forgetting.

So friends let us see what is forgetting.

According to Munn, forgetting is the loss permanent or temporary of the ability to recall or recognize something learned early.

So students forgetting here is the loss, either permanent or temporary, of our ability to recall or recognize something that has been learned earlier.

So students let us see another definition. According to Nunn, forgetting is failing to retain or to recall what has been acquired.

So here forgetting is failing to retain or to recall information which has been acquired earlier.

So students let us see one more definition.

That is according to James Driver. According to James Driver, forgetting means failure at any time to recall an experience when attempting to do so, or to perform an action previously learned.

So here forgetting means failure at any time. To recall an experience or information.

So students let us see now. The types of forgetting in brief.

Forgetting may be classified on the basis of natural forgetting and morbid forgetting.

According to another view, forgetting may be classified as.

General forgetting or specific forgetting.

Students yet another view classifies forgetfulness as physical forgetting or psychological forgetting.

let us see causes of forgetting-

The very first cause of forgetting is duration.

If there is a lot of time gap between first learning and 2nd learning, then the chances of forgetting will be more. So students time gap is very important factor. If the time gap between first learning and 2nd learning is more than the chances of forgetting will be more. If the time gap between the first learning and 2nd learning is less than the forgetting will be less.

So let us see the second cause of forgetting.

It is ineffective teaching. If the teaching is not effective, or if it is ineffective, then the forgetting will be more.

The third important cause of forgetting is age. Age is very important factor. As age increases, memory strength decreases and the chances of forgetting will be more.

Students meaningless content is another important factor. If the content is meaningless and student cannot take out or a draw. Any conclusion properly then the forgetting will be more.

Methods of learning. Apart from the nature of learning material appropriate and efficient methods used in the learning process also influence the rate of forgetting. So content is also along with content.

The methods of learning are very, very important.

So students let us see the next cause now lack of motivation and interest. If the person is not motivated to learn. And not find any interest in the process of learning. Then the chances of forgetting will be more.

The next causes sudden shock of unpleasant things. Unwanted situations increases the chances of forgetting.

Next one is psychological amnesia. Disturbances in the process of encoding, storage and retrieval causes psychological amnesia.

Nature of material learned or learning material. Amount of forgetting also varies with the nature of learning material. If learning material is of interesting nature and which creates curiosity among the students, then forgetting will be less. If it is of no interest, then the chances of forgetting will be more.

Students stress, tension and lack of attention at the time of learning, causes forgetting.

One more important cause that is lack of rest and sleep. Continuous learning without rest and proper sleep may lead to forgetting. Now let us see another course that is inadequate impressions.

Inadequate impressions at the time of learning leads to forgetting. If the person suffers from mental illness, mental sickness, and body deformation, then it affects learning and forgetting will be more.

The lost cause of forgetting is motivated.

Unpleasant events, unwanted situations and unwanted circumstances are to be forgotten. Soon to participate in the present. Friends, these are various causes of forgetting, and these are the few references. I have referred for the content.

Thank you.