

Quadrant II – Transcript and Related Materials

Programme: Bachelor of Arts (First year)

Subject: Psychology

Paper Code: DSC PSY 1

Paper Title: FUNDAMENTALS OF PSYCHOLOGY

Unit: 1

Module Name: Psychology as a science

Module No: 1

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Notes :

Psychology - scientific study of behavior and mental processes.

Science - uses systematic methods to observe/describe/

Behavior- is everything that can be directly observed.

Mental processes - are thoughts, feelings and motives that we experience privately but cannot be *observed directly*.

*Scientific ways of thinking : **Four Attitudes** to a scientific approach:*

- *Curiosity .*

- *Skepticism.*

- *Objectivity.*

- *Thinking critically.*

