

Quadrant II – Transcript and Related Materials

Programme: Bachelor of Arts (First Year)

Subject: Psychology

Paper Code: PSG 102

Paper Title: Psychology of Adolescence

Unit: Unit II – The Self, Personality and Achievement in Adolescence

Module Name: Identity and social contexts & Identity and social intimacy

Module No: 11

Name of the Presenter: Mrs. Manjiri Ashay Bakhale

Glossary:

Crisis:

A term used by James Marcia in his theory of 4 Identity statuses. It refers to a period of identity development during which the adolescent is choosing among meaningful alternatives. We can also refer to 'crisis' by using the term 'exploration'.

Commitment:

A term used by James Marcia in his theory of 4 Identity statuses. It refers to a personal investment in what an individual is going to do.

Identity Diffusion:

The state an adolescent is in when they have not yet experienced an identity crisis i.e. they have not yet explored meaningful alternatives and have not made any commitments. Not only are they undecided but they are also uninterested in exploring various alternatives and making any commitments.

Identity foreclosure:

The state adolescents are in when they have made a commitment but have not experienced an identity crisis. This mostly happens when authoritative parents

hand down commitments to their adolescents. Adolescents with this status have not had adequate opportunities to explore alternatives on their own.

Identity moratorium:

The state of adolescents who are in the midst of an identity crisis i.e. they are exploring the alternatives before them, but have not made a clear commitment to an identity.

Identity achievement:

The status of adolescents who have undergone an identity crisis and made a commitment.

Individuality:

A personality characteristic, It has two dimensions

- Self assertion: the ability to have a point of view and communicate it
- Separateness: the use of communication patterns to express how one is different from others.

Connectedness:

A personality characteristic. It has two dimensions:

- Mutuality: sensitivity to and respect for others' views
- Permeability: openness to others' views

Ethnic identity:

According to Jean Phinney, 'An enduring, basic aspect of the self that includes a sense of membership in an ethnic group, along with the attitudes and feelings related to that membership.'